

IMMEDIATE FULL ARCH PROVISIONAL POSTOPERATIVE INSTRUCTIONS

Sometimes the after-effects of oral surgery are quite minimal, so not all of the instructions may apply. Common sense will often dictate what you should do. However, if you have a question, follow these guidelines or call our office for clarification. Our number is: 785-829-8200

Even though you are leaving with a fixed set of teeth today please understand the implants that were placed this morning are not completely healed and the bone has not completely formed around the implants. Because of this it is imperative for the next 3 months you maintain a conservative soft diet; even though more than likely you will feel like you are fine to eat whatever. The following list is not complete in nature but instead a guideline of our recommendations.

Soft foods recommended for the first 4 weeks:

Mashed Potatoes – Soups – Oatmeal – Yogurt

After the first 4 weeks your soft diet may include soft foods with more texture but it is critical it still remains soft:

Ground Beef – Enchiladas – Cooked Vegetables – Baked Potato – Pastas
Fruits you do not have to bite into (no apples)

No-No's:

Anything Hard – Hard Candies – Apples – Raw Vegetables

If you feel your bite is off at any point please let Oral, Facial & Implant Surgery Salina know immediately, We will have routine follow up visits scheduled for your benefit.

You should expect some mild/moderate discomfort for the first 48-72 Hours.

If you have some minor bleeding for the first 24-48 Hours, don't worry, this is normal. If there are any questions or concerns regarding the procedure do not hesitate to contact Dr. Lucaci.

Congratulations on your new smile!